


# March 2023 Elementary Menu **\*\*Meals are Subject to Change\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1            Breakfast: Bagel w/ Cream Cheese or Cereal            Lunch: Sausage, Egg, Cheese Biscuit Sandwich; Pasta w/ Marinara Sauce; or Summer Corn &amp; Tomato Pasta Salad</p>	<p>2            Breakfast: Egg &amp; Cheese Burrito or Cereal            Lunch: Beef Fajita Wrap; Mac &amp; Cheese; or Breaded Chicken Sandwich</p>	<p>3            Breakfast: Cereal or Breakfast Chilaquiles            Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad</p>
<p>6            Breakfast: Cheddar Cheese Bagel or Cereal            Lunch: Cheeseburger; Broccoli Cheddar Potato Bowl; Turkey &amp; Cheddar Sandwich</p>	<p>7            Breakfast: Cereal or Sausage &amp; Cheese Biscuit Sandwich            Lunch: Beef Hot Dog; Bagel Kit; or Turkey &amp; Cheese Dutch Crunch Sandwich</p>	<p>8            Breakfast: Bagel w/ Cream Cheese or Cereal            Lunch: Beef Spaghetti; Bean &amp; Cheese Burrito; Chicken Bacon Ranch Salad</p>	<p>9            Breakfast: Apple Cinnamon Frudel or Cereal            Lunch: Chicken Nuggets w/ Rice Pilaf; Cheese Ravioli w/ Sauce or Picnic Box</p>	<p>10            Breakfast: French Toast Sticks or Cereal            Lunch: Pepperoni Pizza; Cheese Pizza; or Santa Fe Chicken Salad</p>
<p>13            Breakfast: Pancakes &amp; Syrup or Cereal            Lunch: Spicy Chicken Wrap; Chicken Burrito; or Sunbutter &amp; Jelly Sandwich</p>	<p>14            Breakfast: String Cheese &amp; Mini Muffin or Cereal            Lunch: Italian Deli Sub; Bagel Kit; or Chicken Corn Dog</p>	<p>15            Breakfast: Cereal or Sausage Biscuit Sandwich            Lunch: Teriyaki Chicken w/ Rice; Cheesy Bean Dip; or Breaded Chicken Wrap</p>	<p>16            Breakfast: Cereal; Yogurt w/ Graham            Lunch: BBQ Chicken Quesadilla Breaded Chicken Salad or Mac &amp; Cheese</p>	<p>17            Breakfast: Muffin or Cereal            Lunch: Pepperoni Pizza; Cheese Pizza; or Chicken Caesar Salad</p>
<p>27            Breakfast: French Toast Sandwich or Cereal            Lunch: Greek Chicken &amp; Rice Pilaf; Pasta X-Plosion or Picnic Box</p>	<p>28            Breakfast: Cereal or Breakfast Bowl            Lunch: Bean &amp; Cheese Burrito; Yogurt Berry Parfait w/ Muffin or Bagel Kit</p>	<p>29            Breakfast: Pancake &amp; Syrup or Bagel w/ Cream Cheese            Lunch: Chicken Caesar Wrap; Pasta w/ Marinara &amp; Cheese; or Chicken Calzone</p>	<p>30            Breakfast: Cereal or Scone            Lunch: Mac &amp; Cheese or Breaded Chicken Sandwich</p>	<p>31            Breakfast: Cereal or Breakfast Chilaquiles            Lunch: Pepperoni Pizza; Cheese Pizza; or Chicken Caesar Salad</p>



# March 2023 Middle School Menu **\*\*Meals are Subject to Change\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1                      Breakfast: Bagel w/ Cream Cheese or Cereal                      Lunch: Sausage, Egg, Cheese Biscuit Sandwich; Pasta w/ Marinara Sauce; or Chicken Caesar Wrap</p>	<p>2                      Breakfast: Egg &amp; Cheese Burrito or Cereal                      Lunch: Beef Fajita Wrap; Mac &amp; Cheese; Breaded Chicken Sandwich or Farmers Market Chicken Salad</p>	<p>3                      Breakfast: Cereal or Breakfast Chilaquiles                      Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad</p>
<p>6                      Breakfast: Cheddar Cheese Bagel or Yogurt w/ Grahams                      Lunch: Cheeseburger; Broccoli Cheddar Potato Bowl; Turkey &amp; Cheddar Sandwich</p>	<p>7                      Breakfast: Muffin or Sausage &amp; Cheese Biscuit Sandwich                      Lunch: Beef Hot Dog; Bagel Kit; or Turkey &amp; Cheese Dutch Crunch Sandwich</p>	<p>8                      Breakfast: Bagel w/ Cream Cheese or Scrambled Eggs                      Lunch: Beef Spaghetti; Bean &amp; Cheese Burrito; Chicken Bacon Ranch Salad</p>	<p>9                      Breakfast: Apple Cinnamon Frudel or Chicken &amp; Biscuit                      Lunch: Chicken Nuggets w/ Rice Pilaf; Cheese Ravioli w/ Sauce or Picnic Box</p>	<p>10                      Breakfast: French Toast Sticks or Cereal                      Lunch: Pepperoni Pizza; Cheese Pizza; or Santa Fe Chicken Salad</p>
<p>13                      Breakfast: Cereal or Breakfast Scone                      Lunch: Spicy Chicken Wrap; Chicken Burrito; Red Beans &amp; Rice</p>	<p>14                      Breakfast: String Cheese &amp; Mini Muffin or Cereal                      Lunch: Bagel Kit; or Chicken Corn Dog</p>	<p>15                      Breakfast: Cereal or Cheesy Cornbread                      Lunch: Teriyaki Chicken w/ Rice; Farmers Market Chicken Salad; or Cheesy Bean Dip</p>	<p>16                      Breakfast: Cereal; Yogurt w/ Graham                      Lunch: BBQ Chicken Quesadilla Breaded Chicken Salad or Mac &amp; Cheese</p>	<p>17                      Breakfast: Blueberry Crumble or Cereal                      Lunch: Pepperoni Pizza; Cheese Pizza; or Chicken Caesar Salad</p>
<p>27                      Breakfast: French Toast Sandwich or Cereal                      Lunch: Greek Chicken &amp; Rice Pilaf; Pasta X-Plosion or Picnic Box</p>	<p>28                      Breakfast: Cereal or Breakfast Bowl                      Lunch: Bean &amp; Cheese Burrito; Yogurt Berry Parfait w/ Muffin or Bagel Kit</p>	<p>29                      Breakfast: Cereal or Bagel w/ Cream Cheese                      Lunch: Chicken Caesar Wrap; Pasta w/ Marinara &amp; Cheese; or Chicken Calzone</p>	<p>30                      Breakfast: Cereal or Scone                      Lunch: Mac &amp; Cheese; Breaded Chicken Sandwich or Farmers Market Egg Salad</p>	<p>31                      Breakfast: Cereal or Breakfast Chilaquiles                      Lunch: Pepperoni Pizza; Cheese Pizza; or Chicken Caesar Salad</p>



# March 2023 High School Menu **\*\*Meals are Subject to Change\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Breakfast: Bagel w/ Cream Cheese or Pancakes & Syrup Lunch: Sausage, Egg, Cheese Biscuit Sandwich; Pasta w/ Marinara; Summer Corn & Tomato Pasta Salad; Chicken Caesar Wrap	<b>2</b> Breakfast: Scone or Cereal Lunch: Beef Fajita Wrap; Mac & Cheese; or Breaded Chicken Sandwich	<b>3</b> Breakfast: Cereal or Cheesy Cornbread Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad
<b>6</b> Breakfast: Cheddar Cheese Bagel or Yogurt w/ Grahams Lunch: Chicken Pesto Wrap; Turkey & Cheddar Sandwich; or Cheeseburger	<b>7</b> Breakfast: Muffin or Sausage & Cheese Biscuit Sandwich Lunch: Beef Hot Dog; Bagel Kit; or Turkey & Cheese Dutch Crunch Sandwich	<b>8</b> Breakfast: Bagel w/ Cream Cheese or Cereal Lunch: Bean & Cheese Burrito; Chicken Bacon Ranch Salad or Smoked Chicken Wrap	<b>9</b> Breakfast: Apple Cinnamon Frudel or Chicken & Biscuit Lunch: Chicken Nuggets w/ Rice Pilaf; Cheese Ravioli w/ Sauce or Picnic Box	<b>10</b> Breakfast: French Toast Sticks or Cereal Lunch: Pepperoni Pizza; Cheese Pizza; or Santa Fe Chicken Salad
<b>13</b> Breakfast: Pancake & Syrup; or Breakfast Scone Lunch: Spicy Chicken Wrap; Chicken Burrito; or Red Beans Rice	<b>14</b> Breakfast: String Cheese & Mini Muffin or Cereal Lunch: Italian Deli Sub; Bagel Kit; or Chicken Corn Dog	<b>15</b> Breakfast: Cheesy Cornbread or Sausage Biscuit Sandwich Lunch: Breaded Chicken Wrap; Teriyaki Chicken w/ Rice; Cheesy Bean Dip; Farmers Market Chicken Salad	<b>16</b> Breakfast: Cereal; Yogurt w/ Graham Lunch: Breaded Chicken Salad or Mac & Cheese	<b>17</b> Breakfast: Muffin or Blueberry Crumble Lunch: Pepperoni Pizza; Cheese Pizza; or Chicken Caesar Salad
<b>27</b> Breakfast: French Toast Sandwich or Cereal Lunch: Greek Chicken & Rice Pilaf; Pasta X-Plosion; or Picnic Box	<b>28</b> Breakfast: Cereal or Muffin Lunch: Yogurt Berry Parfait w/ Muffin; Bagel Kit or Mr. Mike's BBQ Chicken Sandwich	<b>29</b> Breakfast: Pancake & Syrup or Bagel w/ Cream Cheese Lunch: Chicken Caesar Wrap; Pasta w/ Marinara & Cheese; Chicken Calzone; or Pesto Caprece Salad	<b>30</b> Breakfast: Cereal or Scone Lunch: Turkey & Cheddar Sandwich; Breaded Chicken Sandwich or Mac & Cheese	<b>31</b> Breakfast: Cereal or Cheesy Cornbread Lunch: Pepperoni Pizza; Cheese Pizza; or Chicken Caesar Salad