

MAY 2023 Elementary Menu ****Meals are Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast: Cheesy Bagel; Cereal or Yogurt w/ Graham Lunch: Cheeseburger; Broccoli Cheddar Potato Bowl; Turkey & Cheese Sandwich	2 Breakfast: Sausage Egg & Cheese Biscuit or Muffin Lunch: Bagel Kit; Beef Hot Dog; Turkey & Cheese Dutch Crunch Sandwich	3 Breakfast: Scrambled Eggs & Muffin; Bagel Cream Cheese Lunch: Bean & Cheese Burrito Spaghetti w/ Beef Meatsauce Chicken Bacon Ranch Salad	4 Breakfast: Apple Frudel or Chicken Patty Biscuit Lunch: Cheese Ravioli; Chicken Caesar Wrap or Chicken Nugget w/ Rice Pilaf	5 Breakfast: French Toast Sticks Lunch: Pepperoni Pizza; Cheese Pizza or Santa Fe Chicken Salad
8 Breakfast: Pancake w Syrup; or Breakfast Scone Lunch: Sunbutter & Jelly Sandwich; Chicken Burrito or Spicy Chicken Wrap	9 Breakfast: String Cheese & Mini Muffins or Chilaquiles Lunch: Italian Deli Sub; Chicken Corn Dog or Bagel Kit	10 Breakfast: Cheesy Cornbread or Sausage Biscuit Sandwich Lunch: Breaded Chicken Wrap Teriyaki Chicken w/ Rice & Veggie or Cheesy Bean Dip	11 Breakfast: Yogurt w/ Grahams or Breakfast Bowl w/ Biscuit Lunch: Breaded Chicken Salad BBQ Chicken Quesadilla or Mac & Cheese	12 Breakfast: Blueberry Crumble & Muffin Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad
15 Breakfast: Scrambled Eggs & Muffin; Bagel Cream Cheese Lunch: Beef Fajita Bowl; Pasta X-Plosion! Or Sunbutter & Jelly Sandwich	16 Breakfast: Turkey Sausage on a Bun or Scone Lunch: Beef Hot Dog or Bagel Kit	17 Breakfast: Sausage Egg & Cheese Burrito or String Cheese & Muffin Lunch: Cheese Quesadilla; Chicken Salad Sandwich or Hamburger	18 Breakfast: Chicken Patty Biscuit or Breakfast Muffin Lunch: Chicken Nuggets w/ Olive Oil & Cheese Pasta; Chicken Bacon Ranch Wrap or South of The Border Chili	19 Breakfast: French Toast Sticks or Sunbutter & Jelly Sandwich Lunch: Pepperoni Pizza; Cheese Pizza or BBQ Chicken Wrap
22 Breakfast: Pancake Sausage Sandwich or Scone Lunch: Greek Chicken & Rice Pliaf; Pasta w/ Olive Oil & Cheese or Sunbutter & Jelly Sandwich	23 Breakfast: Muffin or Breakfast Bowl Lunch: Bean & Cheese Burrito Yogurt Berry Parfait w Muffin or Bagel Kit	24 Breakfast: Pancake & Syrup or Bagel w/ Cream Cheese Lunch: Cheesy Breadsticks w/ Marinara; Chicken Calzone or Chicken Caesar Wrap	25 Breakfast: Egg & Cheese Burrito or Breakfast Scone Lunch: Breaded Chicken Sandwich or Mac & Cheese	26 Breakfast: Cheesy Cornbread or Breakfast Chilaquiles Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad
29 NO SCHOOL	30 Breakfast: Sausage Egg & Cheese Biscuit or Muffin Lunch: Beef Hot Dog; Bagel Kit or Turkey & Cheese Dutch Crunch Sandwich	31 Breakfast: Scrambled Eggs & Muffin; Bagel Cream Cheese Lunch: Bean & Cheese Burrito Chicken Bacon Ranch Salad or Spaghetti w/ Beef Meatsauce		

MAY 2023 Middle School Menu ****Meals are Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Breakfast: Cheesy Bagel; Cereal or Yogurt w/ Graham Lunch: Cheeseburger; Broccoli Cheddar Potato Bowl; or Chicken Pesto Wrap</p>	<p>2 Breakfast: Sausage Egg & Cheese Biscuit or Muffin Lunch: Bagel Kit; Beef Hot Dog; Turkey & Cheese Dutch Crunch Sandwich</p>	<p>3 Breakfast: Scrambled Eggs & Muffin; Bagel Cream Cheese Lunch: Bean & Cheese Burrito Spaghetti w/ Beef Meatsauce Chicken Bacon Ranch Salad</p>	<p>4 Breakfast: Apple Frudel or Chicken Patty Biscuit Lunch: Cheese Ravioli; Chicken Caesar Wrap or Chicken Nugget w/ Rice Pilaf</p>	<p>5 Breakfast: French Toast Sticks or Sunbutter & Jelly Sandwich Lunch: Pepperoni Pizza; Cheese Pizza or Santa Fe Chicken Salad</p>
<p>8 Breakfast: Pancake w Syrup; or Breakfast Scone Lunch: Red Beans & Rice; Chicken Burrito or Spicy Chicken Wrap</p>	<p>9 Breakfast: String Cheese & Mini Muffins or Chilaquiles Lunch: Italian Deli Sub; Chicken Corn Dog or Bagel Kit</p>	<p>10 Breakfast: Cheesy Cornbread or Sausage Biscuit Sandwich Lunch: Teriyaki Chicken w/ Rice & Veggie or Cheesy Bean Dip or Farmers Market Chicken Salad</p>	<p>11 Breakfast: Yogurt w/ Grahams or Breakfast Bowl w/ Biscuit Lunch: Breaded Chicken Salad BBQ Chicken Quesadilla or Mac & Cheese</p>	<p>12 Breakfast: Blueberry Crumble & Muffin Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad</p>
<p>15 Breakfast: Scrambled Eggs & Muffin; Bagel Cream Cheese Lunch: Beef Fajita Bowl; Pasta X-Plosion! Or Chicken Fajita Wrap</p>	<p>16 Breakfast: Turkey Sausage on a Bun or Scone Lunch: Beef Hot Dog; Cheese Ravioli w/ Marinara or Bagel Kit</p>	<p>17 Breakfast: Sausage Egg & Cheese Burrito or String Cheese & Muffin Lunch: Cheese Quesadilla; Chicken Salad Sandwich; Hamburger or Big Kahuna Tuna</p>	<p>18 Breakfast: Chicken Patty Biscuit or Breakfast Muffin Lunch: Chicken Nuggets w/ Olive Oil & Cheese Pasta; Chicken Bacon Ranch Wrap or South of The Border Chili</p>	<p>19 Breakfast: French Toast Sticks or Sunbutter & Jelly Sandwich Lunch: Pepperoni Pizza; Cheese Pizza or Italian Market Salad</p>
<p>22 Breakfast: Pancake Sausage Sandwich or Scone Lunch: Greek Chicken & Rice Pliaf; Pasta w/ Olive Oil & Cheese or Chicken Caesar Wrap</p>	<p>23 Breakfast: Muffin or Breakfast Bowl Lunch: Mr. Mike's BBQ Sandwich; Yogurt Berry Parfait w Muffin or Bagel Kit</p>	<p>24 Breakfast: Pancake & Syrup or Bagel w/ Cream Cheese Lunch: Chicken Calzone; Chicken Caesar Wrap or Pesto Caprece Salad</p>	<p>25 Breakfast: Egg & Cheese Burrito or Breakfast Scone Lunch: Breaded Chicken Sandwich; Turkey & Cheddar Sandwich or Mac & Cheese</p>	<p>26 Breakfast: Cheesy Cornbread or Breakfast Chilaquiles Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad</p>
<p>29 NO SCHOOL</p>	<p>30 Breakfast: Sausage Egg & Cheese Biscuit or Muffin Lunch: Beef Hot Dog; Bagel Kit or Pasta w/ Marinara & Cheese</p>	<p>31 Breakfast: Scrambled Eggs & Muffin; Bagel Cream Cheese Lunch: Bean & Cheese Burrito Smoked Chicken Wrap or Spaghetti w/ Beef Meatsauce</p>		

MAY 2023 High School Menu ****Meals are Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Breakfast: Cheesy Bagel; Cereal or Yogurt w/ Graham Lunch: Cheeseburger; Broccoli Cheddar Potato Bowl; Chicken Pesto Wrap</p>	<p>2 Breakfast: Sausage Egg & Cheese Biscuit or Muffin Lunch: Bagel Kit; Beef Hot Dog; Turkey & Cheese Dutch Crunch Sandwich</p>	<p>3 Breakfast: Bagel w/ Cream Cheese Lunch: Bean & Cheese Burrito Spaghetti w/ Beef Meatsauce Chicken Bacon Ranch Salad or Smoked Chicken Wrap</p>	<p>4 Breakfast: Apple Frudel or Chicken Patty Biscuit Lunch: Cheese Ravioli; Chicken Caesar Wrap or Chicken Nugget w/ Rice Pilaf</p>	<p>5 Breakfast: French Toast Sticks or Sunbutter & Jelly Sandwich Lunch: Pepperoni Pizza; Cheese Pizza; Santa Fe Chicken Salad or Asian Chicken Wrap</p>
<p>8 Breakfast: Pancake w Syrup; or Breakfast Scone Lunch: Sunbutter & Jelly Sandwich; Chicken Burrito or Spicy Chicken Wrap</p>	<p>9 Breakfast: String Cheese & Mini Muffins Lunch: Italian Deli Sub; Chicken Corn Dog or Bagel Kit</p>	<p>10 Breakfast: Cheesy Cornbread or Sausage Biscuit Sandwich Lunch: Teriyaki Chicken w/ Rice & Veggie; Cheesy Bean Dip or Farmers Market Chicken Salad</p>	<p>11 Breakfast: Yogurt w/ Grahams or Breakfast Bowl w/ Biscuit Lunch: Breaded Chicken Salad BBQ Chicken Quesadilla or Mac & Cheese</p>	<p>12 Breakfast: Blueberry Crumble & Muffin Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad</p>
<p>15 Breakfast: Bagel w/ Cream Cheese Lunch: Pasta X-Plosion! Sunbutter & Jelly Sandwich or Chicken Fajita Wrap</p>	<p>16 Breakfast: Turkey Sausage on a Bun Lunch: Beef Hot Dog; Turkey & Cheese on Dutch Crunch or Bagel Kit</p>	<p>17 Breakfast: Sausage Egg & Cheese Burrito or String Cheese & Muffin Lunch: Cheese Quesadilla; Chicken Salad Sandwich; Hamburger or Big Kahuna Tuna</p>	<p>18 Breakfast: Chicken Patty Biscuit or Breakfast Muffin Lunch: Chicken Nuggets w/ Olive Oil & Cheese Pasta; Chicken Bacon Ranch Wrap or Southwest Veggie Taco Salad</p>	<p>19 Breakfast: French Toast Sticks or Sunbutter & Jelly Sandwich Lunch: Pepperoni Pizza; Cheese Pizza or Italian Market Salad</p>
<p>22 Breakfast: Pancake Sausage Sandwich or Scone Lunch: Greek Chicken & Rice Pliaf; Chicken Caesar Wrap or Sunbutter & Jelly Sandwich</p>	<p>23 Breakfast: Muffin or Breakfast Bowl Lunch: Bean & Cheese Burrito; Bagel Kit or Mr. Mike's BBQ Chicken Sandwich</p>	<p>24 Breakfast: Pancake & Syrup or Bagel w/ Cream Cheese Lunch: Cheesy Breadsticks w/ Marinara; Chicken Calzone or Pesto Caprece Salad</p>	<p>25 Breakfast: Egg & Cheese Burrito or Breakfast Scone Lunch: Mac & Cheese; Turkey & Cheddar Hoagie or Breaded Chicken Sandwich</p>	<p>26 Breakfast: Cheesy Cornbread Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad</p>
<p>29 NO SCHOOL</p>	<p>30 Breakfast: Sausage Egg & Cheese Biscuit or Muffin Lunch: Beef Hot Dog; Bagel Kit or Turkey & Cheese Dutch Crunch Sandwich</p>	<p>31 Breakfast: Bagel Cream Cheese Lunch: Bean & Cheese Burrito Chicken Bacon Ranch Salad or Smoked Chicken Wrap</p>		