

January 2023 Elementary Menu ****Meals are Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
9 Breakfast: Cheddar Cheese Bagel or Cereal Lunch: Chicken Enchiladas; Broccoli Cheddar Potato Bowl or Turkey & Cheddar Sandwich	10 Breakfast: Sausage, Egg & Cheese Muffin Sandwich or Cereal Lunch: Beef Hot Dog; Bagel Kit or Cheese Ravioli	11 Breakfast: Bagel w/ Cream Cheese or Cereal Lunch: Chicken Bacon Ranch Salad; Chicken Calzone or Vegan Chickpeas w/ Rice	12 Breakfast: Chicken Patty Biscuit Sandwich or Cereal Lunch: Chicken Corn Dog or Pasta w/ Butter & Cheese	13 Breakfast: French Toast or Cereal Lunch: Pepperoni Pizza or Cheese Pizza
16 No School	17 Breakfast: Breakfast Chilaquiles or Cereal Lunch: Chicken Burrito; Minestrone Soup or Bagel Kit	18 Breakfast: Sausage Biscuit Sandwich or Cereal Lunch: Farmer's Market Chicken Salad; Vegan Chickpeas or Breaded Chicken Sandwich	19 Breakfast: Breakfast Bowl or Cereal Lunch: Sloppy Joe; Breaded Chicken Salad or Pasta Marinara & Cheese	20 Breakfast: Yogurt w/ grahams or Cereal Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad
23 Breakfast: French Toast Sandwich or Cereal Lunch: Teriyaki Chicken & Rice; Cheese Enchiladas or Turkey & Cheddar Sandwich	24 Breakfast: Turkey Sausage Sandwich or Cereal Lunch: Beef Hot Dog; Pasta Primavera or Bagel Kit	25 Breakfast: Breakfast Burrito or Cereal Lunch: Mini Corn Dog; Turkey & Cheddar Sandwich or Cheese Quesadilla	26 Breakfast: Breakfast Scone or Cereal Lunch: Chicken Nuggets w/Pasta; Chicken Salad Sandwich or Cheese Ravioli	27 Breakfast: French Toast Sticks or Sunbutter & Jelly Sandwich Lunch: Pepperoni Pizza; Cheese Pizza or BBQ Chicken Wrap
30 Breakfast: Bagel w/ Cream Cheese or Cereal Lunch: BBQ Chicken Quesadilla; Pasta X-Plosion or Sunbutter & Jelly Sandwich	31 Breakfast: Breakfast Bowl or Cereal Lunch: Mr. Mike's BBQ Chicken Sandwich; Bean & Cheese Burrito or Turkey & Cheddar Sandwich			

January 2023 Middle School Menu ****Meals are Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
9 Breakfast: Cheddar Cheese Bagel or Cereal Lunch: Chicken Enchiladas; Broccoli Cheddar Potato Bowl	10 Breakfast: Sausage, Egg & Cheese Muffin Sandwich or Cereal Lunch: Bagel Kit or Cheese Ravioli	11 Breakfast: Bagel w/ Cream Cheese or Cereal Lunch: Chicken Bacon Ranch Salad; Chicken Calzone or Bagel kit	12 Breakfast: Chicken Patty Biscuit Sandwich or Cereal Lunch: Chicken Corn Dog or Pasta w/ Butter & Cheese	13 Breakfast: French Toast or Cereal Lunch: Pepperoni Pizza; Cheese Pizza or Asian Chicken Wrap
16 No School	17 Breakfast: String Cheese & Mini Muffin or Cereal Lunch: Chicken Burrito or Bagel Kit	18 Breakfast: Sausage Biscuit Sandwich or Cereal Lunch: Farmer's Market Chicken Salad; Breaded Chicken Sandwich or Bagel Kit	19 Breakfast: Breakfast Bowl or Cereal Lunch: Sloppy Joe or Pasta w/ Marinara & Cheese	20 Breakfast: Yogurt w/ grahams or Blueberry Crumble Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad
23 Breakfast: French Toast Sandwich or Cereal Lunch: Teriyaki Chicken & Rice or Cheese Enchiladas	24 Breakfast: Apple Cinnamon Frudel or Cereal Lunch: Beef Hot Dog or Bagel Kit	25 Breakfast: Breakfast Burrito or Cereal Lunch: Mini Corn Dog or Cheese Quesadilla	26 Breakfast: Breakfast Scone or Cereal Lunch: Chicken Nuggets w/Pasta or Cheese Ravioli	27 Breakfast: French Toast Sticks or Cereal Lunch: Pepperoni Pizza or Cheese Pizza
30 Breakfast: Scrambled Eggs w/ Muffin or Cereal Lunch: BBQ Chicken Quesadilla or Pasta X-Plosion	31 Breakfast: Breakfast Bowl or Cereal Lunch: Bean & Cheese Burrito or Turkey & Cheddar Sandwich			

January 2023 High School Menu ****Meals are Subject to Change****

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9 Breakfast: Cereal Lunch: Chicken Enchiladas; Broccoli Cheddar Potato Bowl or Turkey & Cheddar Sandwich</p>	<p>10 Breakfast: Sausage, Egg & Cheese Muffin Sandwich or Breakfast Scone Lunch: Beef Hot Dog; Bagel Kit or Cheese Ravioli</p>	<p>11 Breakfast: Bagel w/ Cream Cheese or Cereal Lunch: Chicken Bacon Ranch Salad; Chicken Calzone or Bagel Kit</p>	<p>12 Breakfast: Chicken Patty Biscuit Sandwich or Muffin Lunch: Chicken Corn Dog or Pasta w/ Butter & Cheese</p>	<p>13 Breakfast: French Toast or Cereal Lunch: Pepperoni Pizza; Cheese Pizza or Asian Chicken Wrap</p>
<p>16 No School</p>	<p>17 Breakfast: String Cheese & Mini Muffin or Cereal Lunch: Chicken Burrito or Bagel Kit</p>	<p>18 Breakfast: Sausage & Biscuit Sandwich or Cereal Lunch: Curry Fried Rice or Breaded Chicken Sandwich</p>	<p>19 Breakfast: Cheesy Corn Bread or Cereal Lunch: Sloppy Joe or Pasta w/ Marinara & Cheese</p>	<p>20 Breakfast: Yogurt w/ grahams or Blueberry Crumble Lunch: Pepperoni Pizza; Cheese Pizza or Chicken Caesar Salad</p>
<p>23 Breakfast: French Toast Sandwich or Muffin Lunch: Teriyaki Chicken & Rice; Cheese Enchiladas</p>	<p>24 Breakfast: Turkey Sausage Sandwich or Apple Frudel Lunch: Beef Hot Dog or Bagel Kit</p>	<p>25 Breakfast: Breakfast Burrito or Cereal Lunch: Mini Corn Dog; Turkey & Cheddar Sandwich or Cheese Quesadilla</p>	<p>26 Breakfast: Breakfast Scone or Chicken Patty Biscuit Lunch: Chicken Nuggets w/Pasta or Cheese Ravioli</p>	<p>27 Breakfast: French Toast Sticks or Cereal Lunch: Pepperoni Pizza; Cheese Pizza or BBQ Chicken Wrap</p>
<p>30 Breakfast: Bagel w/ Cream Cheese or Cereal Lunch: BBQ Chicken Quesadilla or Pasta X-Plosion</p>	<p>31 Breakfast: Breakfast Muffin or Cereal Lunch: Bean & Cheese Burrito or Turkey & Cheddar Sandwich</p>			